



Player Name (print) \_\_\_\_\_

### OVERVIEW

The objectives of this team are to provide players with a positive and fun experience that builds character and success. It is the intention of the coaches to bring Sonoma County lacrosse to a different venue and to display our better talent. Everyone on the team will play in the tournament. However, the coaches reserve the right to play some players more than others based on ability, experience and commitment to the team. Players will be expected to represent the Sonoma County Vinemen and the sport of lacrosse in a positive manor. Any player that does not maintain a high standard of character will be subject to disciplinary measures by the coaches. This is a team experience and the players are expected to participate in this as part of the team. That means making practices, learning and applying team strategies, staying with the team at the team hotel, having dinner with the team and playing as the Vinemen.

There is \$25 tryout fee and \$350 more if you make the team. Included in the cost will be tournament fees, hotel rooms for players, and structured practice sessions (weather permitting). Team shorts (\$30, mandatory), if needed, transportation, food and Vinemen wearables are options and will cost extra. The Tournament is on Jan. 17<sup>th</sup> and 18<sup>th</sup> 2009 and we will be leaving on Friday, Jan. 16<sup>th</sup>. The tournament is the capstone of an experience that will surely raise the level of play of those participating and expose them to a unique lacrosse experience.

### PLAYER EXPECTATIONS

Actions the coaches reserve the right to discipline for, in the form of running, benching, suspending or expelling from team, include:

- unexcused absences or tardies to practice or mandatory meetings (notify of absences and tardies ahead of time)
- lack of proper equipment (cleats, cup, mouthpiece, pads, etc.)
- unnecessary physical contact that may cause injury
- showing disrespect to coaches, referees, players or those involved with the tournament
- breaking team rules
- failure to pay team fees
- ignoring the direction of the coaches
- getting in trouble at tourney or hotel

*Players that are disqualified from the team will not be issued refunds.*

### COMMITMENT and RULES

By agreeing to play for the Sonoma County Vinemen, you are agreeing to the following:

- To be able to attend practices outlined below
- To pay a non-refundable \$25 tryout fee ONLINE before tryouts.
- To pay \$350 after making the team
- To not participate in any illegal activity while under the supervision of coaches and chaperones. Those caught with alcohol or involved with any illegal activities will be disqualified from further participation with the Vinemen and will be referred to local authorities on the trip and will be responsible for their own ride home.
- To attend team meetings

### PRACTICES AND MEETINGS

Players will be expected to attend the following:

- Tryouts: Sat, Dec. 20th, 1pm-4pm, Santa Rosa High School, see web site for directions
- Practices: Sat./Sun. Jan. 4 and 5, and Jan. 10, 11, 1pm-4pm
- Meeting: team meeting at hotel on Fri. Jan 16th, and team dinner Sat. Jan 17th

### CONSENT FOR MEDICAL TREATMENT (MINOR)

As the parent or legal guardian of the above named player, I hereby give consent for emergency medical care prescribed by a duly licensed Doctor of Medicine or Doctor of Dentistry. This care may be given under whatever conditions are necessary to preserve the life, limb or well being of my dependent. Efforts will be made to first contact parent/guardians.

Player \_\_\_\_\_

Parent \_\_\_\_\_

Date \_\_\_\_\_